

**Whole Wheat Women** © 1983 Sandra Brooks-Mathers, Cynthia R. Crossen, Sarbaga Falk,  
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**Chorus** We are whole wheat women, *E - A*  
We are not too refined, *B7 - E*  
We are whole wheat women, *E - A*  
We keep the natural time. *B7 - E*

We say goodbye to yesterday, We like telling the truth, *E - A - B7 - E*  
Better watch out people when we turn on the juice, *E - A - B7 - E*  
We are not afraid to say what we feel, *E - A - B7 - E*  
We are not afraid to be juicy and real, *E - A - B7 - E*

**Chorus**

Not your foldout bunny, We eat what we please,  
You may think it's funny, But we don't count calories,  
We are not afraid to have hair on our legs,  
We are not afraid to eat fertilized eggs, **Chorus**

If you're looking for someone who will try to impress,  
Look in the other direction, We don't dress for success,  
We are not afraid of the inner voice,  
It is more reliable than society's noise, **Chorus**

If you want a woman who will clean up the mess,  
We have more important things to do, we have to confess,  
We are not afraid to work in the world,  
We are not afraid to be more than just girls, **Chorus**

We swim in the ocean and we dance on the beach,  
We like our bodies as they are, Different each to each,  
We are not afraid to play like the child,  
We are not afraid to be wooly and wild, **Chorus**