

Four Directions *Words: Native American invocation; Music © 1988, Cynthia R. Crossen*

To the East where the sun rises,
To the North where the cold comes from,
To the West where the sun sets,
To the South where the light comes from,
To the Father Sky, to the Mother Earth,
To the Father Sky, to the Mother Earth.
To the Father Sky, to the Mother Earth,
To the Father Sky, to the Mother Earth.

Wings © 1988 Sandra Brooks-Mathers

Come into my heart, spirit of freedom,
Enter into my heart, spirit of the High One,
Set the old ways free, free to fly away.

Come into my mind, focus of purpose,
Enter into my mind, focus of the Wise One,
Set the old ways free, let them fly away.

Come into my body, spirit of gracefulness,
Enter into sacred flesh, ecstasy of Deepest Love,
Set the old ways free on the wings of love,
Set the old ways free on the wings of love.
Set the old ways free on the wings of love.

Restore My Heart © 1987 Cynthia Crossen

Restore my heart, my heart restore,
Restore my heart, my heart restore,

Your spirit heals me, your spirit heals me, I feel your love,
Your spirit heals me, your spirit heals me, I feel your love,

Now I am with you, I dwell in your heart,
Now I am with you, I dwell in your heart,

You hold me ever in your arms,
You hold me ever in your arms.

Restore My Heart No. 21, 1987
Cynthia R. Crossen

① Re - store my heart, my

② Your spirit heals me, your spirit heals

③ Now I am with you, I

④ You hold me ever

① heart re - store, re - store ... to ②

② me I feel your love feel your love ... to ③

③ dwell in your heart heart, you ... to ④

④ in your arms, you arms, Re - ... to ①

Your Spirit Moves in Me © 1983 Cynthia Crossen

Just like the tree whose roots grow deep, **F - Bb - F**
Just like the river flowing on, **Gm - Bb - C**
Just like the sweet winds blowing on, **Am - Bb - G**
Your spirit moves in me. **Gm - C - F - Bb**

Just like the stars that circle round, **F - Bb - F**
Just like the whippoorwill's spring song, **Gm - Bb - C**
Just like the sun a'shining on, **Am - Bb - G**
Your spirit moves in me. **Gm - C - F**

Enfolding, surrounding, **Bb - F - C - F**
Flowing from you into me, **C - F**
Expanding, renewing, **Bb - F - C - F**
Flowing from me into you. **C - F**

Spirit of earth is holding me, **F - Bb - F**
Spirit of water, air, and fire, **Gm - Bb - C**
Spirit alive in rocks and trees, **Am - Bb - G**
And beasts and seas and sky. **Gm - C - F - Bb**

In every one of us you are, **F - Bb - F**
In everything we see and feel, **Gm - Bb - C**
Sprouting from us like earth's first seed **Am - Bb - G**
Flowering in the field. **Gm - C - F**

Expanding, renewing, **Bb - F - C - F**
Flowing from me into you, **C - F**
Enfolding, surrounding, **Bb - F - C - F**
Flowing from you into me. **C - F**

Just like the tree whose roots grow deep, **F - Bb - F**
Just like the river flowing on, **Gm - Bb - C**
Just like the sweet winds blowing on, **Am - Bb - G**
Your spirit moves in me. **Gm - C - F**

Light is Streaming © 1983 Cynthia Crossen

Light is streaming from our hearts, **Dm - Am**
Light is flowing to the earth, **Dm - Am**
Light is streaming from our hearts **Dm - Am**
Light is flowing to the earth, **Dm - Am**
Lo, we are the river, **Dm - Am - Dm - Am**
Singing to the sea as we flow. **Dm - Am - Dm - Am**

Love..., Peace..., Joy...

Peace Round
Peace is Streaming

Cynthia Crossen 1983

Em ① Bm ② Em Bm
Light is streaming from our hearts, Light is flowing to the earth,
Em ③ Bm ④ Em Bm
Light is streaming from our hearts, Light is flowing to the earth,
Em Bm Em Bm
Lo, we are the riv - er,
Em Bm Em Bm
Singing to the sea as we flow - - - - -

1st time - Light
2nd time - Love
3rd time - Peace
4th time - Joy

The Roots of My Heart © 1986 Cynthia R. Crossen Chords below with capo on 2nd fret

The roots of my heart go deep underground,
And entwine with the roots of your heart,

Am - Dm - Am - Dm
Am - G - Dm - Dm

The roots of my heart go deep underground,
And entwine with the roots of your heart,

Am - Dm - Am - Dm
Am - G - Dm - Dm

I will find you deep in my heart,
I will find you deep in my heart,

Am - Dm - Am - Dm - Am - G - Dm
Am - Dm - Am - Dm - Am - G - Dm - Dm

The roots of my heart go deep and
Entwine with the roots of your heart,

Am - Dm - Am - Dm
Am - G - Dm - Dm

The roots of my heart go deep and
Entwine with the roots of your heart,

Am - Dm - Am - Dm
Am - G - Dm

I will find you deep in my heart,
I will find you deep in my heart,
I will find you deep in my heart,
I will find you deep in my heart,

Dm - Am - Dm - Am
Dm - Am - G - Dm
Dm - Am - Dm - Am
Dm - Am - G - Dm - Dm

©1986 Cynthia R. Crossen *The Roots of My Heart* Cynthia R. Crossen

The roots of my heart go deep un-der-ground, And en-
I will find you
The roots of my heart go deep and en-
I will find you deep in my heart . . . , I will
twine with the roots of your heart . . . The heart . . .
deep in my heart . . . heart . . .
twine with the roots of your heart . . . heart . . . , I will . . .
find you deep in my heart, I will heart . . . , the . . .

Hecate © 1987 Laura G. Lindgren

Hecate, O Dark One, Hecate, O Crone,
Hecate, O Wise One, Hecate, Alone,

Dark of the moon,
 Wrapped robes hide starry skies,
Inside cocoon,
 Old one with glowing eyes. **Chorus**

Under the ground,
 Gnarled hands place seed to grow,
In burial mound
 Old ways pass away below. **Chorus**

Within the tomb,
 Flesh returning bones to earth,
Within the womb,
 Spirit dancing seeks rebirth,

Limit our reach,
 Our shoulder feels the loving hand,
Ancient ways to teach,
 Patience helps us understand, **Chorus**

Show us the way, Solitary star shine bright,
Which path to take,
Woman of the second sight, **Chorus**

At crossroads you stand,
 Silent, dark, forbidding one,
Pointing your hand,
 Lead us downward, lead us on, **Chorus**

Lantern held high,
 Cloaked and veiled we follow you,
Blessed be the night,
 Thank you for the darkness new! **Chorus**

Hecate ©1987 Laura G. Lindgren

CHORUS:
He-ca-te, O Dark One, He-cate, O Wise One
He-ca-te He-cate O Crone, He-ca-te, He-ca-te A-lone,
He-cat-te, He-ca-te, He-ca-te He-ca-te

VERSE:
1) Dark of the moon, Wrapped robes hide starry skies, In-side cocoon, old one with glowing eyes,
Dark of the moon, Wrapped robes hide starry skies, Inside cocoon, Old one with glowing eyes,

ENDING:
Ahh
He-cal-te, He-ca-te, He-ca-te, He-ca-te.

Fire, Fire, Fire © 1987 Cynthia R. Crossen

Fire, fire, fire, Kindle my spirit, Fire!
In your flames naught remains but fire, fire, fire.

Fall 1987 *Fire, Fire, Fire* ©1987 Cynthia R. Crossen

The score is written in G major (one sharp) and 4/4 time. It consists of several parts:

- Vocal Lines:** Four vocal parts (1, 2, 3, 4) with lyrics: "Fire, Fire, Fire, Kindle my spirit, Fire, In your flames naught re-mains but Fire, Fire, Fire".
- Harmonies:** A piano accompaniment section with the title "Harmonies:" and the lyrics: "Fire, fire, Fire, Kindle my spirit, Fire. In your flames Naught re-mains but Fire, Fire, Fire.".
- Fire Harmony in Parts:** A section titled "Fire Harmony in Parts" showing the vocal lines for each voice part (Soprano, Alto, Tenor, Bass) with their respective lyrics.

Light is Returning © 1988 Cynthia R. Crossen

Winter solstice chant. With 4 groups, each group repeats one line.

Come, Come, Come, Come, (**repeat**)

Light is returning, let it shine, (**repeat**)

Light, light, let it shine, shine, (**repeat**)

Light, Light, Light, (**repeat**)

December 6, 1988 *Light is Returning* Cynthia R. Crossen

① Come , Come , Come , Come

② Light is re- turn- ing, Let it shine

③ Light , Light , let it shine, shine

④ Light , Light , light

Good with drum. Begin with part ①. There should be 4 groups, each group singing one line over and over.

In the Fire © 1987 Cynthia R. Crossen *Play chords below with capo on 2nd fret*

In the fire, in the fire, *Am - D - Am - D*
Gonna burn my burdens in the fire, *Dm - Am*

In the fire, in the fire, *Am - D - Am - D*
Gonna burn my burdens in the fire, *Dm - Am*

Give it up to Kali, give it up to Kali, *Dm - Am*
Give it up to Kali, give it up, *Dm - Am*

Give it up to Kali, give it up to Kali, *Dm - Am*
Give it up to Kali, give it up, *Dm - Am*

Purify me in your holy flame, *Am - D - Dm - Am - Em - Am*

Purify me in your holy flame, *Am - D - Dm - Am - Em - Am*

Give it up to Kali, give it up to Kali, *Dm - Am*
Give it up to Kali, give it up, *Dm - Am*

Give it up to Kali, give it up to Kali, *Dm - Am*
Give it up to Kali, give it up. *Dm - Am*

Full Blessed Children © 1976 Carol Verner

We have all that we need,
Full blessed children of space,
Light shines full on our faces,
Give love, illumination, peace.

Spring Blessing © 1978 Cynthia R. Crossen

Goddess, we thank you for the gifts of your hand,
The flowering of springtime, the fruit of the land,
When we gather together, we know we are one,
Let us open like flowers beneath your warm sun,
Goddess, we thank you for the gifts of your hand,
The flowering of springtime, the fruit of the land.

First Woman *Words and music by Sandra Brooks-Mathers, Cynthia R. Crossen, Sarbaga Falk, Laura G. Lindgren* © 1988 Sarbaga Falk

Abuk,
Yemaya,
Mujaji,
Zela.

What You Give Me © 1988 Laura G. Lindgren

To walk in your forest, To graze in your pasture, **E - B7**
To fly in your starry black night, **A - E**
Such is the garden, such the devotion, **A - E**
Such is the fountain of love in my heart. **B7 - E - A - E - A**

To flow in your river, To gaze at your colors, **E - B7**
To sway in your treetops so high. **A - E**
Such is the garden, such the devotion, **A - E**
Such is the fountain of love in my heart. **B7 - E - A - E - A**

What you give me is a doorway to God. **G#m - E**
Let us bathe in the Now, **A - B - E**
Never grasping at the days ahead, **A - B - G#m**
Just a patience of the heart in the pastures of truth, **A - B7 - A - B7**
And love, trembling love. **E - B7 - E - A - E - A**

To let out your kite string, To feel your dark ocean,
To play in the breakers at dawn.
Such is the garden, such the devotion,
Such is the fountain of love in my heart.

To shatter on your hard floor, To dance in your cobwebs,
To sing the song of our death,
Such is the garden, such the devotion,
Such is the fountain of love in my heart.

You are teaching me songs that I never dreamed of, **G#m - E - A - B - E**
Opening worlds that I never hoped for, **A - B - G#m**
I'm breathing my breath, I'm dying my death, **A - B7 - A - B7**
Sing that the world doesn't end. **E - B7 - E - A - E - A**

To read your sad story, To bask in your glory,
To sit in the presence of God.
Such is the garden, such the devotion,
Such is the fountain of love in my heart.

To know beyond knowing in the patience of being,
Beyond thought, beyond wanting to know,
Such is the garden, such the devotion,
Such is the fountain of love in my heart. **B7 - E - A - E - A - E**

I Live in Love and Light © 1980 Cynthia R. Crossen

I live in love and light,
I live in love and light,
 I live in love and light,
 I live in love and light,
 I live in love and light,
 I live in love and light,
 I live in the heart of light,
 I live in the heart of light.

I Live in Love and Light - A Healing Round
© 1980 Cynthia R. Crossen

I live in love and light, I live in love and light, I live in love and light, I live in love and light, I live in the heart of light, I live in the heart of light, I (live in love + light, etc.)

Winter's Darkness © 1987 Cynthia R. Crossen

Winter's darkness fills the sky with stars,
Its deep night fills me with its silence,
Fills me with silence, silence,
Silence and peace.

Winter's Darkness © 1987 Cynthia R. Crossen

① ② ③ ④

Win-ter's dark-ness fills The sky with stars, Its deep night fills me with its
si-lence, fills me with si-lence, sil-ence, silence and peace.

Oh Mother Earth © 1986 Cynthia R. Crossen *Play chords below with capo on 2nd fret*

Chorus:

Oh, Mother Earth, you call us home, *Am - Dm - Am - Dm - Am*
You call us home, *Em - Am*
Oh, Mother Earth, you call us home, *Am - Dm - Am - Dm - Am*
You call us home, *Em - Am*
Oh Mother Earth, you call us home. *Em - Am (Em - Am)*

You spin through the ancient heavens, *Am - Dm - Am*
With the crystal stars, you're flying in the night, *Dm - Am - Em - Am*
Oh Mother Earth, you're flying in the night. *Em - Am (Em - Am)*
Your heart the blazing sun *Am - Dm - Am*
Shining in the heavens, you give us life, *Dm - Am - Em - Am*
Oh Mother Earth, you give us life. **Chorus** *Em - Am (Em - Am)*

The wind, your breath we breathe,
Your breath we breathe, your breath we breathe,
Oh Mother Earth, your breath we breathe,
Your milk the sparkling river,
We drink from you, we drink from you,
Oh Mother Earth we drink from you. **Chorus**

The whale, the eagle and the deer,
The rabbit and the bear, your creatures call,
Oh Mother Earth, your creatures call.
The fruit, the flower and the grain
Are flowing from your hands, and we are fed,
Oh Mother Earth, and we are fed. **Chorus**

We are your children, we come
Daughters and sons, returning home,
Oh Mother Earth, returning home.
We dance in your mystery,
Your beauty and power our ecstasy,
Oh Mother Earth, our ecstasy. **Chorus**

Come Home to the Earth © 1988 Cynthia R. Crossen

To match the score (in Gm), play chords below with capo on 3rd fret

Come home to the earth, **Gm - Bb**
Love the earth, **Eb - Dm**

Come home, **Gm**
Let her beauty enkindle your heart, **Bb - Eb - Dm**

She is calling, **Gm - Bb**
Her wind breathes your name, **Eb - Dm**

Come to her breast **Gm - Bb**
And drink of her love. **Eb - Dm**

February 3, 1989 *Come Home to the Earth* Cynthia R. Crossen

1. Gm Bb Eb Dm 2.

3. 4.

home) let her beau-ty en-kin-dle your heart,

She is calling, her wind breathes your name,

come to her breast and drink of her love, Come