

The Goddess Suite ©1986 Cynthia R. Crossen. All rights reserved.

1. **Overture** (arranged by Susan Yael Siegel)
2. **Artemis** (words & music by Cynthia R. Crossen)
3. **Demeter and Persephone Part 1**
4. **Demeter and Persephone Part 2** (words by Cynthia R. Crossen & Laura G. Lindgren; music by Cynthia R. Crossen)
5. **Hymn to Hera** (words by Sandra Brooks-Mathers; music by Cynthia R. Crossen)
6. **Hestia** (words & music by Cynthia R. Crossen)
7. **Aphrodite** (words by Cynthia R. Crossen & Sandra Brooks-Mathers; music by Cynthia R. Crossen)
8. **Athena** (words by Cynthia R. Crossen & Laura G. Lindgren; music by Cynthia R. Crossen)

2010 Performances: Co-Producers: Hope Wilder & Cynthia Crossen, Conductor: Sheila Fleming; Piano: Susanne Saunders; Cello: Jill Soha; Flutes: Susan Siegel, Laura Szpir; Percussion: Sarbaga Falk, Jude Casseday. Additional parts created by Susanne Saunders for piano, Seth Holtzman for cello, and percussionists. Soloists: Karen Thornburg, Elaine Chiosso (Demeter and Persephone), Kim Kingsley, Hope Horton (Aphrodite); Chorus: First Sopranos: Amy Durso, Andrea Batsche, Ariel Alston, Barbara Moore, Chloe Noblit, Irina Bunnage, Isadora Galjour, Karen Thornburg, Kaye Sloan, Keisha Miller, Kim Kingsley, Margaret Moten, Ruth Winecker, Sade Epps, Saythen Scurlock, Zella Magoo; Second Sopranos: Andrea Snyder, Caroline Butler, Hope Wilder, Kelly Peak, Laine Lipson, Lea Clayton, Margaret Wolfe-Roberts, Sally Bond, Sandra Brooks-Mathers, Sarah Howe, Susan Siegel; First Altos: Bronwyn Watson, Carol Verner, Jane Underhill, Janice Rieves, Debra Wuliger, Dede Banks, Emily Reece, Hope Horton, Sarbaga Falk, Toni Constant; Second Altos: Ann Ringland, Barb Ford, Cynthia Crossen, Elaine Chiosso, Ellen Manning, Ellen Martin, Sara Wilson. 2010 performances benefit these charities whose work embodies aspects of the Greek Goddesses of which we sing: Haw River Assembly, Chatham County Together, Family Violence & Rape Crisis Center, Women for Women, La Leche League, Planned Parenthood Central NC, FINCA.

Recording, Mixing, & Mastering: Jesse Wilder; Cover Photo: Andrew Synowiez; Technical & Sound Help: Ken Crossen, Brian Thornburg, Paul Ford. This production was recorded live on June 20, 2010, at the Eno River Unitarian Universalist Church in Durham, North Carolina. Recording ©2010 Cynthia R. Crossen. All rights reserved.

Thank you's to: Jean Shinoda Bolen (author of *Goddesses in Everywoman*); Sandra Brooks-Mathers & Laurie Lindgren for lyric contributions; Pomegranate Rose for inspiration & support; and our wonderful conductor, chorus members, instrumentalists, technical helpers, and audiences.

For more music & to contact Cynthia: CynthiaSongs.com & www.CommunityMusicProject.org.



Artemis The Mighty Huntress

Words & Music: Cynthia R. Crossen

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Artemis, the mighty huntress,
Artemis, the mighty huntress,
She hunts by the moon,
She hunts by the moon,
She hunts by the light of the moon.
Artemis, the mighty huntress,
Artemis, the mighty huntress,
Her eye is the eagle's,
Her rage is the lion's,
Her embrace the fierce mother bear's.
Hunts by the moon, Hunts by the moon,
Hunts by the light of the moon.
In the wild places she wanders,
In the deep forest she roams,
Wild creatures know her as kindred,
Mysteries calling her home.
She is our sister, (Helping bring forth new life),
Our protector, she helps us give birth and bring forth new life.
Hunts by the moon, (Artemis shine),
Hunts by the moon, (Artemis shine),
Hunts by the light of the moon,
Swiftly she runs by the river,
With silver quiver and bow,
Light of the moon she will follow,
Mysteries calling her home.
She is our sister (helping girls grow to women),
Our protector,
She gives us courage to be all we are.
Hunts by the moon, (Artemis shine),
Hunts by the moon, (Artemis shine),
Hunts by the light of the moon,
Light of the moon;
Artemis, give us courage,
Artemis, make us stronger,
Artemis, give us daring,
Make us stronger, Give us courage,
Show your glory, Artemis.

Demeter and Persephone

Words: Laura G. Lindgren &

Cynthia R. Crossen; Music: Cynthia R. Crossen;

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Demeter loved her daughter,
Loved her more than life,
Bathed her in clear water,
Nourished her with light,
Loving word and loving touch
Were all Persephone knew,
In innocent unfolding
Demeter's daughter grew.
Long and lithe and lovely
As a summer flower,
Beauty in Persephone bloomed
From hour into hour, "She's the wonder of my life,
Sustains me like the sun,
She is my blessed daughter,
She and I are one." Demeter,
Persephone, Persephone, Demeter,
Safe in her mother's keeping
Persephone roamed unbound,
In the meadow by the brook
The most beautiful flower she found,
"I must have this flower,
I must have this bloom..."
"The earth cracks open,
A chariot appears,
And a man grabs me,
takes me down,
takes me down,
Fire in his eyes burns,
He says no word to me,
But his cold strong arms hold me close,
Hold me close. Downward into darkness he carries me,
Downward into, downward into darkness he carries me on,
My sweet world gone.
Oh Mother, I'm calling you,
Oh Mother hear me calling,
I am in the underworld,

Captured by Hades' hand,
Cold and stone and darkness
And a black river bound this land,
And the fire that burns is not a sun,
But sears like a god's command.
How Demeter trembled when her daughter did not come,
Ran down to the meadow and wildly called her name
(Persephone, Persephone),
Wind was all that answered,
The sighing of the pines,
Demeter's heart beat wildly
As she called and called again.
"Daughter, I am calling you,
Oh daughter, hear me calling, aah."
Then a shepherd told her, "I saw the earth crack open,
I saw her fall inside,
In fear and terror I heard her cry."
Demeter screamed then, Wild with her grief and pain,
Raging, she made a bitter pledge. "A curse on all beauty,
A blight on all love,
Earth shall freeze and bones grow cold and the sky grow dark above.
Plants will lose their greenness,
Animals die by frost,
Humans huddle in the night and pay for what I've lost,
My daughter lost."
A year the earth lay frozen,
Demeter's grief was known,
Though every god had pleaded,
No living thing was grown;
Zeus the god of thunder,
Humbled on his throne,
At last sent Hermes underground
To bring Persephone home. Earth returns to blooming,
Springtime comes again,
Human hearts find gladness
In turning fertile land.
Demeter's heart rejoices,
Persephone's spirit is free,
Mother and her daughter embracing endlessly,
free, free.

Then Demeter asked her
"Did you eat anything down there?"
"Only the seeds of the pomegranate fruit
he gave me as he said good-bye."
Hades' voice rang out from under the earth,
"You have eaten of my fruit,
You belong to me too.
Six months with your mother in the brightsome world above,
But six months shall you comfort my heart and solace me with your love."
In the world of shadows Persephone reigns as queen and when she climbs the path to light she brings rebirth in spring,
With the changes turning,
Grief and love we know,
So circles have their seasons
And from the depths we grow.

Hestia *Words & Music: Cynthia R.*

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Hestia, Hestia, Hestia,
Keeper of the ancient hearth,
Keeper of the sacred fire,
Sweeper of the holy ashes,
Ever turning toward the heart within us burning,
Keeper of the inner fire,
Welcome us home, Welcome us home,
Welcome us home to the fire.
Home, you wait for us, sweeping the hearth,
tending the fire in quiet,
Gaze turned inward, you nurture the heart,
solitude, peace, contentment.
Welcome us home, welcome us home,
Welcome us home to the fire.
Keeper of the sacred fire, Sweeper of the holy ashes,
Ever turning toward the heart within us burning,
Keeper of the inner fire.
Welcome us home, welcome us home,
welcome us home to the fire.
Flame (burning), coals (warming),
Heart turning, transforming fire.

Hymn To Hera

Words: Sandra B. Branscomb;

Music: Cynthia R. Crossen;

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Hera, Queen of Starry Night,
Clothed in shades of purple light,
Watching, watching from on high
With constant iridescent eye,
Perceiving all within your sight,
Hera, Queen of Starry Night.
Hera, Durga, Queen of Heaven,
Wondrous things of you are woven.
From your breasts white droplets spray
Across the sky the Milky Way,
Your overflowing milk doth yield
On earth lilies of the field,
Consort of the King of Heaven,
Hera, Durga, Queen of Heaven.
Hera, Kali, Queen of Might,
Your mystery and power invite
Shadow forces to the light,
And, in expression, to take flight
In spirals of intoxication,
Through the fires of purification,
Burning, burning, burning bright,
Hera, Kali, Queen of Might.

Aphrodite *Words: Sandra B.*

Branscomb & Cynthia R. Crossen;

Music: Cynthia R. Crossen; © 1986

Cynthia R. Crossen

Aphrodite, Aphrodite, golden glowing light inside me,
Aphrodite, Aphrodite, Warm the cockles of my heart.
Aphrodite, Aphrodite, bring your beauty to delight me,
Aphrodite, Aphrodite, Warm the cockles of my heart.
You spring forth, full-blown from the sea,
lively and pulsing bright,
Round you gather fragrant flowers,
Roses red, the kiss of life,
Roses red are the kiss

of life, Roses the kiss, Roses the kiss,
kiss of life, Roses the kiss, kiss kiss
kiss of Aphrodite, Aphrodite,
Tasty pleasures wake inside me,
Take a nibble, Aphrodite,
Take a nibble of my heart.
Wake us with your kiss of life,
The roses from your garden,
Wake us with a kiss, a kiss. Beauty, love and pleasure you give us full measure,
You delight us with your treasure, Wake us with your treasure,
Wake us with a kiss. Offering the golden apple,
sweet as honey warm as love,
Juicy scarlet pomegranate, ripened by the sun above.
Graceful as two swans on water gliding together awhile,
Dance in time with your fine lover,
hold your love within your smile. Beauty, love and pleasure you give us full measure,
you delight us with your treasure, wake us with a kiss
Aphrodite, Aphrodite, delight!

Athena

Words: Cynthia R. Crossen & Laura G.

Lindgren ; Music: Cynthia R. Crossen;

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Athena, Athena, Guardian of justice,
bearer of wisdom,
of a new vision you speak.
We shall work for change, we shall work for peace,
we shall find our wisdom in the dreams we weave.
Athena, help us weave a new dream. We will plant olive trees in the desert,
we will use the riches of the earth wisely. We shall end all hunger,
we shall end all war, we shall bless our children with justice for all. Athena, Athena, Athena,
Bearer of wisdom, teacher of vision,
Help us find a path to peace.